



## **DEPARTMENT OF COUNSELING & SP. EDUCATION COURSE DESCRIPTION**

- (805211) Students' problems and how to deal with it (3 credit hrs)**  
Introduces students to the definition of 'problem', criteria used to indicate the existence of a problem, the most common problems students face, its causes and treatment according to different psychological theories. insecure behaviors, habit disorders, peer problems, antisocial behavior, educational problems, drug abuse, child abuse, divorce or death of one of the parents.
- ( 0805212 ) Behavior Modification (3 credit hrs)**  
Basic concepts and principles of behavior modification, procedures for strengthening classroom behavior (reinforcement, feedback, assertiveness training), weakening inappropriate behavior (punishment, extinction, positive reductive techniques, overcorrection, timeout, etc) and establishing new behaviors (shaping, chaining, modeling, and prompting and fading). Cognitive behavior modification methods, ethical standards, and self-control and classical conditioning procedures.
- (0805217) Life Skills (3 credit hrs)**  
This course aims to provide students with skills related to the positive behaviors to enable them to deal with the everyday life challenges through introducing them to: the social roles; on-going learning skills; decision-making; time management; into personal communication verbal and non-verbal communication; self-disclosure; self-confidence; effective listening; collaborative work; conflict-resolution; self-control; tension management; strategic thinking; responsible citizenship; and educational and professional orientation.



**(0805220 ) Introduction to Special Education (3 credit hrs)**  
**Definition of special education and basic concepts (i.e, I E P, team work, family involvement, mainstreaming) .**  
**Definitions, causes, classifications of physical, mental, hearing, visual, behavioral, speech/Language impairments, and giftedness. Related services (e.g., physical and occupational therapy, social services, special physical education). Educational and instructional implications and programs for different exceptionalities.**

**(0805221) Learning Disabilities (3 credit hrs)**  
**Defines learning disabilities, identifies its causes, and discusses its major types. It also discusses the characteristics of learning disabled students and traces the historical development of educational services for them. The course also discusses methods of evaluation and diagnosis of learning disabilities, clarifies the principles of corrective (clinical) teaching methods in academic learning disabilities, and provides information about educational service, settings, and curricula in the field of learning disabilities.**

**(0805230 ) Basic Concepts in Counseling (3 credit hrs)**  
**Provides an introductory survey of fundamental concepts, studies, trends, and procedures in counseling and psychotherapy. This will include: what is counseling, its origins, its purposes, its philosophical and psychological basis, role of the counselor, its stages and techniques, its basic theoretical orientations, and some of its applications.**



- (0805311) Behavior Disorders (3 credit hrs)**  
Describes major causes, characteristics, and types of emotional impairments and behavior disorders. It also presents adequate information about various approaches for interpretation and treatment of behavior disorders. The course also focuses on diagnosis and evaluation of students with behavior disorders and educational programs ( i.e., curricula, teaching methods, and educational placements) for these students.
- ( 0805312) Personality and adjustment (3 credit hrs)**  
The main focus of this course is personality processes and its relation to adjustment . It deals with defining personality. Personality determinants. Personality theories and its relation to adjustment. Personality processes and its relation to adjustment: Self concept and self-esteem, perceived control, Altruism, Love and hate, Authoritarian personality and prejudice, sex role. The path from thinking to action. Emotion, adaptation and health. Personality assessment.
- (0805313) Psychological Stress (3 credit hrs)**  
Discusses the nature of stress, its elements (physiological, psychological, and emotional). The course also involves studying the characteristics of stress (adjustment demands, individual traits, and individual sources and a available support). Different theories and views on stress are presented during the course The largest and most important portion of the course



**focuses on practical ways to reduce and eliminate stress such as relaxation, breathing, nutrition, meditation, imagination, coping skills training, time management, and refuting irrational ideas.**

**(0805314 ) Mental Health (3 credit hrs)**  
**Mental health conception, elements of mental health, normal and abnormal behavior. Personality and mental health. Factors relating to maladjustment: Frustration, Conflict, Anxiety and stress. Adjustment means. Helping children to avoid maladjustment. Child mental health in the family and school setting. Children emotional problems. Psychological disturbances. Mental illness prevention. Mental health promotion. Institutes of mental health .**

**(0805320 ) Mental Retardation (3 credit hrs)**  
**Medical, psychological, and social definitions of mental retardation, prevalence, causes, assessment and diagnosis, psychological, social and academic characteristics, programs and curricula, trends and issues , present status of services in Jordan.**

**(0805321) Hearing Impairment (3 credit hrs)**  
**Explains the nature and types of hearing impairments, and presents information about its causes and methods for preventing it. It also describes motor, cognitive, emotional social, and communicative characteristics of hearing impaired persons . Methods of diagnosis and evaluation of the hearing impaired will also be described. In addition, programs and services necessary in communication, academic learning adjustment, and vocational training will be discussed.**



- (0805322) Visual Impairment (3 credit hrs)**  
Defines basic terms in the field of vision impairments. It also defines major types of these impairments and discusses main causes and preventive procedures. The course also describes historical developments related to education and training of blind and low vision students. Moreover, it describes the visual system, the effects of visual impairments, utilization of low vision, psycho educational evaluation and educational methods and curricula for visually impaired students, and orientation and mobility techniques. The course also presents the current situation of services for visually impaired persons in Arab countries and Jordan in particular.
- (0805323) Physical and Health Impairments (3 credit hrs)**  
Definitions, classification causes, and prevalence rates of physical and health impairments. Evaluation of physically disabled students and recognition of effects of physical disability on development. Designing and adapting curricula, adaptation of teaching materials and methods, and accessibility of educational environment.
- (0805324) Giftedness and Talent (3 credit hrs)**  
Aims to develop positive attitudes toward gifted education, and to help students to develop special skills for teaching the gifted. This course also deals with the concept of giftedness and gifted education movement, it gives an overview on School wide Enrichment Program and Curriculum development. The course examines certain issues in gifted education such as, Identification, G/T problems, creativity, and teaching thinking skills.



- (0805325) Speech and Language Disorders (3 credit hrs)**  
Basic concepts in speech , language, and communication, normal development of speech and language, types of communication disorders, causes, prevalence impact on development, educational and therapeutic development, problems and needs in Jordan .
- ( 0805326) Special Techniques In Communication (3 credit hrs)**  
Prerequisite : (805321+805322 + 805325)  
This course deals with specific communication means for students with special needs. This course contains practical training in sign language for deaf students, Braille for students with visual impairments, and speech and language training for students with communication disorders.
- (0805330) Theoretical Approaches in Counseling (3 credit hrs)**  
Prerequisite : (0805230)  
Presents the most important theories in counseling, major concepts of each, nature of man and a description of its therapeutic process and techniques. Also the course is designed to help students to select wisely from all the theories those aspects that can be incorporated into their own developing and personalized style of counseling. It emphasizes their personal dimensions as counselors.
- (0805331) Educational & Vocational Guidance (3 credit hrs)**  
Guidance & students services, branches, history & development. Pioneers: Avicenna, Parsons, Davis. Philosophy, Individual & vocational differences, vocational theories & development, Rehabilitation, Voc. Guidance Selection, classification. Individual assessment Case Studies.



**(0805332) Communication in Counseling (3 credit hrs)**

**Aims training students in interpreting verbal and nonverbal behaviors. It emphasizes practicing listening skills and behavior analysis of selected problems . It also focuses on theory and process of interpersonal communication in effective counseling with laboratory training in the skills of self disclosure, sending and confrontation, group discussion techniques, problem solving and conflict resolution.**

**(0805333) Evaluation & Diagnosis in Counseling (3 credit hrs)**

**Prerequisite : (0805230 +801340)**

**Importance of evaluation and diagnosis in the counseling process, methods of information gathering (i.e, interview, observation, case study, case conference, tests, etc), cognitive and behavioral methods of evaluation and diagnosis, applications in the use of instruments for the evaluation of career development and interests, tests of personality, emotional and social characteristics, thinking skills, surveying needs and problems, and practical experiences in constructing evaluation instruments.**

**(0805334 ) Expressive Activities in Counseling (3 credit hrs)**

**Prerequisite: (0805230)**



**Uses of expressive activities in diagnosis, treatment and establishing counseling relationship, humanistic, psychodynamic, behavioral, and cognitive approaches in the usage of play, role theory, usage of expressive arts, modeling, therapeutic theatre, and applications of expressive activities in counseling.**

- (0805335) Preventive Counseling (3 credit hrs)**  
**Prerequisite: ( 0805230)**  
**Concept of prevention. Protection from child abuse and neglect in the family. Protection from sexual abuse. Protection from substance abuse and drugs. Protection from social harm : hate, prejudice, Discrimination. Helping children to cope with violence. Protection from emotional problems: Anxiety, depression, suicide, aggression.**
- (0805336) Introduction to family Counseling**  
**Prerequisite: (0805230)**  
**This course discusses the basic assumption of the marital relationship, the Dynamics of marital adjustment and discord and the theories behind that . It also focuses on the process of marital and familial therapy, therapeutic Interventions, and special problems and their solution.**
- (0805419) Vocational Rehabilitation (3 credit hrs)**  
**This course deals with needed services for individuals with special needs for successful transition. In Addition, this course focus on individualized transition plans, individualized employment plans, vocational rehabilitation services and employability, independent living/ job skills, protected workshops, job follow-up.**





**(0805420) Curriculum and Instruction in Special Education(1)(3credit hrs)**

**Prerequisite : (0805220)**

**Basic concepts and elements of curriculum in special education, psychological implications for development of curriculum, development of individualized educational and instructional programs, transition plans, and individualized family service plans..**

**(0805421) Measurement and Diagnosis in Special Education  
(3 credit hrs)**

**Prerequisite : (0805220 + 0801340)**

**Basic concepts and assumptions in measurement and diagnosis and special considerations, in testing and evaluating children with special needs. Tests specifically designed to various disabling conditions (psychometric properties, standardization, etc). Application of selected assessment tools with these populations. Report writing and decision-making processes.**

**(0805422) Early Intervention (3 credit hrs)**

**Prerequisite: (0805220)**

**Principles of early childhood special education historical developments, rationale and models of early intervention, psycho educational characteristics of preschoolers with special needs, programs and methods of early childhood special education, methods of identification , screening , and prevention, teacher- family collaboration and recent trends in this field.**

**(0805423) Instructional Materials in Special Education(3 credit hrs)**

**Prerequisite: (0805420)**

**Teaching materials and aids available locally, methods for adapting and designing instructional materials and aids for various categories of special needs, evaluation of**



**effectiveness and appropriateness of teaching aids and materials. Familiarity with computer technology in the production of individualized teaching programs, and supporting software in special education**

- (0805424) Related Services in Special Education (3 credit hrs)**  
**Prerequisite : (0805220)**  
**Programs and services related to special education which include : physical therapy, occupational therapy, special , physical education artistic , musical, and recreational therapy.**
- (0805426) Curriculum and Instruction in Special Education(2)(3credit hrs)**  
**Prerequisite : (0805420)**  
**Concepts and applications of individual and group teaching methods in special education diagnostic-prescriptive model, behavioral and cognitive approaches, considerations related to various methods used in lights of unique needs of learners**
- (0805428 ) Psychological disorders (3 credit hrs)**  
**Prerequisite : (0805230)**  
**The main focus of this course in why people exhibit abnormal behavior, how they express their disturbance and how such behavior can be prevented. It deals with defining abnormality. Casual factors. Assessment and classification of psychological disorders. Problems of Emotion and Mood. Problems of Mind and Body. Problems of Integration. Disorders of childhood and adolescence. Individual and group counseling**



- (0805429) Special Education Practicum (12 credit hrs)**  
**Prerequisite : (department approval)**  
**Aims at offering trainees opportunities for applying scientific knowledge acquired in various courses and translating it into programs and services for persons with special needs and gaining adequate knowledge of the status of programs and services in the local community . The student chooses one or two categories of special educational needs for which he intends to improve his competencies, prior to the beginning of the semester. The student applies the principles and procedures of assessment, individualized education program development and implementation, individual and group instruction. The use of special communication methods and special tools, implementation of behavior modification programs, parent training and counseling.**
- (0805430) Foundations of Group Counseling (3 credit hrs)**  
**Prerequisite : (0805230)**  
**Presents the importance of group counseling as a counseling technique. It provides students with understanding of various kinds of groups and it's developmental phases, characteristics of effective groups, establishment of groups, therapeutic forces within groups, the importance of leadership and the role and functions of the leader. it describes relevant techniques of counseling to age groups 5-9, 9 - 13. It emphasizes application of several approaches and the ethical issues.**



- (0805431 ) School Counseling (3 credit hrs)**  
**Prerequisite: (0805230)**  
**Prepares students for practical experiences in counseling through role playing and supervised training. The course involves: guidance and counseling programs in school, counseling process, counseling team, roles of counselors and teachers, counselor's duties in school, counseling process files, developmental needs of students, developmental counseling and guidance, group counseling, individual counseling, consultation to parents and teachers, counseling strategies and their applications in school.**
- (0805432) Rehabilitation Counseling (3 credit hrs)**  
**Prerequisite (0805220 + 0805230)**  
**Formulate comprehensive perspective about Rehabilitation counseling and its psychological, social and vocational importance to people of special needs, alcohol and drug addicts. Elderly and individuals with severe psychological disturbances. The course emphasizes the role of the counselor in creating preferable changes in schools and homes people of special needs. The course also asserts the importance of vocational rehabilitation and its methods as well as improving the physical and social conditions of people with special needs in and out of schools.**
- (0805433) Readings in Counseling in English (3 credit hrs)**  
**Prerequisite : (0805230)**  
**Covers basic concepts and terms commonly used in counseling in English language. A course of reading and understanding counseling subjects and**



**materials in English. Its units include, but not limited to , counseling definition and goals, counseling theories and their application, and group and school counseling.**

**( 805438) Counseling Pre- Practicum (3credit hrs)**

**Prerequisite: ( department approval)**

**The Purpose at this course is to prepare the students for practical training by providing them with skills in individual and group counseling and group guidance through observation and role-play. Field visits will be arranged to counseling centers in schools, institutions, and mental health clinics.**

**(0805439) Counseling Practicum (12 credit hrs)**

**Prerequisite: (0805438)**

**This is a practicum course in counseling and students are expected to practice the skills of individual and group counseling. The skills of building an effective relationship with clients, attending to the verbal and nonverbal messages, as well as identifying the problem, exploring it, and selecting suitable helping strategies. During this course, trainees will be trained on collecting information about the students and their schools, evaluating them using various scales & measurements, and planning courses of intervention such as group guidance, and group counseling. Technical issues such as creating and using records and documentations are to be emphasized.**

**(831190) Statistic in Education**



**This course introduces the student to the nature of statistics, and to the various methods that can be used to describe statistical data. It includes tabulation of data, measures of central tendency, measures of dispersion, measures of relationships, and an introduction to the field of statistical analysis including the normal curve and its applications, hypotheses testing (one sample case, two sample cases), and one-way ANOVA.**

### **(831101) Introduction to Psychology**

**The basic purpose of this course is to introduce the student to the general principles of the psychology. Emphasis is placed on the following issues: Definition of psychology, Psychology as a science, its main streams. Learning and Memory, personality, intelligence, and creativity, motivation, normal and abnormal behavior.**

### **(801340) Principles of Psychological and Educational Measurement**

**This course aims at developing the student's basic concepts and skills in the construction, administration, scoring, and interpreting the results of psychological and educational test.**

**The course includes the following topics:**

**Basic concepts, test development and test, standardization and norms, grading systems, brief reviews of achievement, abilities, and personality, interests and attitudes measurement techniques in psychological areas.**

### **(801251) Educational Psychology**

**This course is designed to provide student with necessary information concerning the teaching- learning process in the classroom, in order to help them to teach more effectively.**

**The student will learn about main issues of educational psychology:**



**Educational objectives, The learning process, Student's characteristics, These issues will be taught in order that students will be able to utilize acquired knowledge in practical situations in the future.**

### **(801312) Assessment of child development**

**This course is designed to teach the students how to use the individual and group assessment tools to arrive to information about the child's developmental skills . it is concerned with information collecting procedures both Formal and informal procedures interms of psychometric characteristics, practical and legal consideration and clinical assessment skills , interpretation of scores on the test and ability to formulate a treatment or medical plan based on the assessment process results .**

### **(801441) Language and cognitive development of the child**

**This course covers the following topics :  
language efficiency (language dictionary of the pre - school child, quality and length of his sentence , his skills of hearing and speaking) Reading Readiness, language problems and methods of dealuig with them , The development of cognitve stratigies and mental processes , the effective learning , the styles of thinking , some cognitive problems and strategies of dealing with them .**

### **(801311) Socioemotional Development**



**Methods of socialization . Development of gender identity , factors affecting it . Development of prosocial behaviors . Aggression in children (causes and strategies of controlling) .play and it`s importance in the child development . peer – relationships, Moral development and methods of teaching children values . Development of self-concept and self-esteem (using practical ways to enhance positive self-esteem in children). Some socioemotional problems and strategies of coping with them.**

### **(801310) Psychology of Childhood**

**This course deals with the following issues: heredity and prenatal development, infancy: first adaptations, infant cognitive, social, and language development. Early childhood; cognitive social language and moral development. Middle and late childhood; cognitive, social, language and moral development.**

### **(831101) Introduction to Psychology**

**The basic purpose of this course is to introduce the student to the general principles of the psychology. Emphasis is placed on the following issues: Definition of psychology, Psychology as a science, it`s main streams. Learning and Memory, personality, intelligence, and creativity, motivation, normal and abnormal behavior.**